



Curriculum Vitae

Hamid Reza Aghaei Meybodi

Born: 15th of July 1969, Tehran, Iran.

- General Medicine, Shiraz University of Medical Sciences, Shiraz , Iran, 1995.
- Internal Medicine, Tehran University of Medical Sciences, Tehran , Iran , 2002.
- Endocrinology and Metabolism, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2005
- Faculty member of Endocrinology and Metabolism Research Institute, Tehran University of Medical Sciences, 2006.

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CAREER SUMMARY:

ACADEMIC POSITIONS:

Associate professor of Endocrinology, Endocrinology and Metabolism Research Institute, Tehran University of Medical Sciences.

LIST of POSITIONS IN SCIENTIFIC COMMISSIONS, BOARD AND PROFESSIONAL SOCIETIES:

MEMBER OF ACADEMIC SOCIETIES

- American Association of Clinical Endocrinology since 2014

- Endocrine Society since 2013
- Iranian Society of Endocrinology since 2005

PROFESSIONAL SERVICE:

TEACHING

Pathophysiology of endocrine system-Adrenal gland
Board review training for internal medicine resident

RESEARCH AREA

Diabetes
Osteoporosis
Medical Education
Evidence –Based Medicine Documentation
Translational research
Personalized Medicine

Full Papers in International Journals:

1. Patricia Khashayar, [***Hamid Reza Aghaei Meybodi***](#), Mohsen Rezai Hemami, Abbasali Keshtkar, Hans Peter Dimai, Bagher Larijani. Vitamin D status and its relationship with bone mineral density in a healthy Iranian population. *Rev Bras Ortop.* 2016 Jul-Aug; 51(4): 454–458.
2. Khashayar Patricia; [***Hamid Reza Aghaei Meybodi***](#); Amoabediny Ghassem; Larijani Bagher. Biochemical Markers of Bone Turnover and their Role in Osteoporosis Diagnosis: A Narrative Review. *Recent Patents on Endocrine, Metabolic & Immune Drug Discovery*, 2015; 9(2):79-89.
3. Afshin Ostovar, Iraj Nabipour, Bagher Larijani, Ramin Heshmat, Hossein Darabi, Katayoun Vahdat, Maryam Ravanipour, Neda Mehrdad, Alireza Raeisi, Gholamreza Heidari, Gita Shafiee, Mohammadjavad Haeri, Mohammadreza Pourbehi, Farshad Sharifi, Azita Noroozi, Rahim Tahmasebi, [***Hamid Reza Aghaei Meybodi***](#), Majid Assadi, Shokrollah Farrokhi, Reza Nemati, Mohammad Reza Amini, Maryam Barekat, Abdullatif Amini, Houman Salimipour, Sina Dobaradaran, Darab Moshtaghi. Bushehr Elderly Health (BEH) Programme, phase I (cardiovascular system). *BMJ Open* 2015;5:e009597 doi:10.1136/bmjopen-2015-009597.

4. Zahra Mohammadi, Mehdi Ebrahimi, Abbasali Keshtkar, [Hamid Reza Aghaei Meybodi](#), Patricia Khashayar, Zahra Jouyande, Fereshteh Bayegi, Mahdieh shojaa, Maryam Ghodsi, Shirin Djalalinia. Protocol for Systematic Review: Peak Bone Mass Pattern in Different Parts of the World. *Journal of Clinical Research & Bioethics* 2015; 6(2):1-3
5. SA Alavizadeh, MR Mohajeri-Tehrani, A Rostamian, [Hamid Reza Aghaei Meybodi](#), M Qorbani, AA Keshtkar, SS Panahi, F Rahdari, P Khashayar. Prevalence and associated factors of T-score discordance between different sites in Iranian patients with spinal cord injury. *spinal cord* 2014; 52(4):322-326.
6. [Hamid Reza Aghaei Meybodi](#), Patricia Khashayar, Mohsen Rezai Homamia, Ramin Heshmat, Bagher Larijani. Prevalence of hypertension in an Iranian population. *Renal failure*, 2014; 36 (1): 87-91.
7. Khashayar P, [Hamid Reza Aghaei Meybodi](#), Soltani A, Taheri E, Rezaei Homami M, Heshmat R, Dimai HP, Larijani B. Association between Vitamin D levels and BMI values in an Iranian Population. *Clinical Laboratory*, 2014; 57(3-4):163-170
8. Abbas Norouzi Javidana, Hadis Saboura, Sahar Latifia, Farzad Shidfarb, Mohammad Reza Vafa, Ramin Heshmat, Hasan Emami Razavia, Bagher Larijani, [Hamid Reza Aghaei Meybodi](#). Evaluation of bone mineral loss in patients with chronic traumatic spinal cord injury in Iran. *The journal of spinal cord medicine*, 2014; 37 (6): 744-750.
9. Hadis Sabour, Abbas Norouzi Javidan, Sahar Latifi, Mohammad Reza Hadian, Seyed-Hassan Emami Razavi, Farzad Shidfar, Mohammad Reza Vafa, [Hamid Reza Aghaei Meybodi](#). Is Lipid Profile Associated with Bone Mineral Density and Bone Formation in Subjects with Spinal Cord Injury? *Journal of Osteoporosis*, 2014, dx.doi.org/10.1155/2014/695014.
10. Pooneh Salari, Mohammad Abdollahi, Ramin Heshmat, [Hamid Reza Aghaei Meybodi](#), Farideh Razi. Effect of folic acid on bone metabolism: a randomized double blind clinical trial in postmenopausal osteoporotic women. *DARU Journal of Pharmaceutical Sciences*, 2014; 22:62 /DOI: 10.1186/s40199-014-0062-9
11. Ali Maleki, Negin Rashidi, [Hamid Reza Aghaei Meybodi](#), Mahdi Montazeri, Mohammad Montazeri, Farid Falsafi, Reza Ghanavati, Saeid Forughi, Farshid Alyari. Metabolic syndrome and inflammatory biomarkers in adults: A population-based survey in Western region of Iran. *International Cardiovascular Research Journal*, 2014; 8 (4):156-160.

12. [Hamid Reza Aghaei Meybodi](#), Negin Rashidi, Mahdi Montazeri, Abbasali Keshtkar, and Patricia Khashayar. The Impact of Alendronate on Bone Mineral Density of Osteoporotic Patients. *Acta Medica Iranica*, 2013 51(12) : 855-60.
13. Masoud Rahmanian, [Hamid Reza Aghaei Meybodi](#), Bagher Larijani, Mohammad-reza Mohajeri-Tehrani. Giant prolactinoma: case report and review of literature. *Journal of diabetes and metabolic disorders*, 2013; 12 (1):1
14. Bita Mirzaie, Mohammad Reza Mohajeri-Tehrani, Zohreh Annabestani, Mohammad Karim Shahrzad, ShahrzadMohseni, Ramin Heshmat, Hamid Reza Afshani, [Hamid Reza Aghaei Meybodi](#), Bagher Larijani. Traumatic brain injury and adrenal insufficiency:morning cortisol and cosyntropin stimulation tests. *Archives of medical science*, 2013; 9 (1): 68-73.
15. SH Abbaszadeh Ahranjani, H Kashani, MH Forouzanfar, [Hamid Reza Aghaei Meybodi](#), B Larijani, M Aalaa, MR Mohajeri-Tehrani. Waist Circumference, Weight, and Body Mass Index of Iranians based on National Non-Communicable Disease Risk Factors Surveillance. *Iranian J Publ Health*, 2012; 41(4):35-45.
16. Hadis Sabour, Bagher Larijani, Mohammad Reza Vafa, Mohammad Reza Hadian, Ramin Heshmat, [Hamid Reza Aghaei Meybodi](#), Hasan Emami Razavi, Abbas Norouz Javidan, Farzad Shidfar. The effects of n-3 fatty acids on inflammatory cytokines in osteoporotic spinal cord injured patients: A randomized clinical trial. *Journal of Research in Medical Sciences*, 2012;17(4): 322-327.
17. Keivan Gohari Moghaddam, Negin Rashidi, [Hamid Reza Aghaei Meybodi](#), Nader Rezaie, Mahdi Montazeri, Ramin Heshmat, Zohreh Annabestani. The effect of inhaled corticosteroids on hypothalamic-pituitary-adrenal axis. *Indian journal of pharmacology*, 2012; 44 (3): 314-318.
18. [Hamid Reza Aghaei Meybodi](#), N. Khalili, P. Khashayar, R. Heshmat, A. Hosseinezhad, B. Larijani. Association between reproductive factors and postmenopausal osteoporosis. *Osteologie*, 2011. 20 (3), 248-251.
19. [Hamid Reza Aghaei Meybodi](#), M Hemmat-abadi, R Heshmat, M Rezaei Homami, S Madani, M Ebrahimi, H Adibi, B Larijani. *Iranian J Publ Health*, 2011; 40(2):18-24.
20. Z Rahnvard, S Eybpoosh, M Rezaei Homami, [Hamid Reza Aghaei Meybodi](#), B Azemati, R Heshma, B Larijani. Vitamin D Deficiency in Healthy Male Population: Results of the Iranian Multi- Center Osteoporosis Study. *Iranian J Publ Health*, 2010; 39(3):45-52.
21. Khashayar P , [Hamid Reza Aghaei Meybodi](#), Homami MR , Amini MR , Mohajeri-Tehrani MR , Heshmat R , Larijani B. The discriminative value of

- various biochemical parameters in detecting varying degrees of vitamin D deficiency in the Iranian population. *Clinical Laboratory*, 2010; 57(3-4):163-170.
22. A Hossein-Nezhad, MK Nikoo, K Mirzaei, F Mokhtarei, [Hamid Reza Aghaei Meybodi](#). Comparison of the Bone Turn-over Markers in Patients with Multiple Sclerosis and Healthy Control Subjects. *European Journal of Inflammation*, 2010; 8 (2): 67-73.
 23. [Hamid Reza Aghaei Meybodi](#), R Heshmat, Z Maasoumi, A Soltani, A Hossein-Nezhad, AA Keshtkar, A Bahrami, R Rajabian, I Nabipour, GH Omrani, M Pajouhi, B Larijani. Iranian Osteoporosis Research Network: Background, Mission and Its Role in Osteoporosis Management. *Iranian J Publ Health*, 2008; A supplementary issue on Osteoporosis and bone turnover (1):1-6.
 24. B Larijani, H Resch, JP Bonjour, [Hamid Reza Aghaei Meybodi](#), MR Mohajeri-Tehrani. Osteoporosis in Iran, Overview and Management. *Iranian J Publ Health*, 2007; A supplementary issue on Osteoporosis(1): 1-13.

ABSTRACTS in INTERNATIONAL CONGRESS

1. P.khashayar, [Hamid Reza Aghaei Meybodi](#), M. Rezai Homami, M.R. Mohajeri Tehrani, R. Heshmat, B. Larijani.(2010). The role of obesity variables in detecting hypertension in an Iranian population. 25th scientific meeting of American Society of Hypertension
2. P.khashayar, [Hamid Reza Aghaei Meybodi](#), M. Rezai Homami, R. Heshmat, B. Larijani.(2010) The prevalence of osteoporosis in an Iranian population. ISCD/NOF Symposium.
3. S. Salemi, M. Sanjari, [Hamid Reza Aghaei Meybodi](#), M. Mirzabeigi (2015) Diabetes, obesity, and other hemodynamic determinants in Iranian adults: a national survey. IDF congress

INTERNATIONAL WORKSHOPS

1. [Hamid Reza Aghaei Meybodi](#). Overview of osteoporosis.Clinical aspects and complications. Workshop of DM and Osteoporosis, Iraq, 2011.

BOOKS

1. [Hamid Reza Aghaei Meybodi](#) , M. Aelae, MR. Amini, M. sanjari, N. Mehrdad. Diabetes in Life. Noavaran Sina Publication, 2015 (Farsi language).
2. [Hamid Reza Aghaei Meybodi](#) , B.Larijani. Epidemiology and control of common disease in Iran, osteoporosis. Khosravi Publication, 2017. (Farsi language).
3. B.Larijani, [Hamid Reza Aghaei Meybodi](#) , E. Hamedi Seresht. Osteoporosis. Vista Publication, 2011. (Farsi language).