

## Curriculum Vitae

### **Personal information:**

**Name:** Ata

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**Date of birth:** 1981

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Last Updated: 7-May-2017

### **Related Educations:**

- High School Diploma, 1999, Alavi high School, Tehran, Iran.
- Graduated of Medical Doctor (MD) degree, 2009, Tehran University of Medical Sciences.
- PhD in neuroscience, 2017, Endocrinology & Metabolism Research Institute, Tehran university of Medical Sciences (Thesis title: Assessment the relation between type1 Diabetes, cognitive performance and CNS structural changes in children and adolescents.)
- Short course on “Cognitive Neuropsychology: From Patients to Functional Models”, Utrecht university, Netherlands, July 2016
- Short course on “Evidence-based Public Health Planning”, Japan International Cooperation Agency, 27 sep- 9 oct, 2015, Okinawa, Japan
- Certification of attendance in “research Methodology” workshop, Student Research Center, TUMS, 2000.
- Certification of attendance in “educational authorship methodology” workshop, Tehran University of Medical Sciences, 2001.

- Certification of attendance in “Strategic Planning” Course, Tehran university of Medical Sciences, 2003
- Certification of attendance in “Educational planning and management” course, Industrial Management Institute, 2005.
- Certificate of completion in “prevention, control & management osteoporosis workshop for ECO member states”, Osteoporosis Research Center, Tehran, Iran, oct 17-19, 2010
- Certificate of completion in “IOF Osteoporosis Diagnosis course, with Densitometry Certification”, Shari’ati Hospital, Tehran, Iran, nov 18-19, 2010
- Certificate of completion in “MRI Analysis”, Human Brain Mapping Research Center, Tehran, Iran, May 6-7, 2014-06-17
- Certificate of completion in “Principles of Cognitive-Behavioral Therapy”, Iranian Psychological association, Tehran, Iran, , 2012
- Certificate of completion in “Cognitive-Behavioral Therapy for children”, Iranian Psychological association, Tehran, Iran, , 2012
- Certificate of completion in “Psychological intervention in obesity management”, IRSA psychological institute, Tehran, Iran, , 2012
- Certificate of completion in “Motivational Interviewing”, Iranian Psychological association, Iran, , 2012
- Certificate of completion in “Knowledge Translation and Exchange in endocrine sciences”, Endocrinology &Metabolism Research Institute, Iran, , 2012

**Teaching experiences:**

- Strategic management, Research Deputy, Faculty of medicine, Tehran University of Medical Sciences, 2004.
- Strategic Planning, 2<sup>nd</sup> Congress of health management, Qazvin, Iran, 2004.
- Team Work, Arak University of Medical Sciences, 2004.
- Creativity, Arak University of Medical Sciences, 2004.
- Outlines of strategic planning Workshop, 4<sup>th</sup> Annual Research congress of Iranian medical students, Hamedan, Iran, 2005.
- Research methodology, Students’ Scientific Research Center, Tehran, Iran, 2003-2006
- Research Information management, Endocrinology & Metabolism Research Center, TUMS, 2011.

- Principles of operational planning, Endocrinology & Metabolism Research Center, TUMS, 2011.
- Cognition & education course (10 rounds); center for generation development, 2013 – 14
- Health and biology, Ehsan High school, Tehran, Iran, 2002- present.
- Cognitive oriented health promotion, lessons for life workshop, LFL institute, Iran. Jun 2013

### **Related Publications:**

#### **Published English articles:**

- Kaviani A., Fateh M., Najafi M., Younesian M., **Pourabbasi A.**, Ebrahimnegad M. "Comparison of breast lump biopsy with CO<sub>2</sub> laser and scalpel in the randomized clinical trial"; *Laser in medicine*; 4(1 (23)):18-22.
- Abolhassani F, **Pourabbasi A**, Abbasi M, "Sensory Innervations Pattern for the Anterolateral Surface of the Thigh by Genitofemoral Nerve, Report of a Case"; *ACTA ANAESTHESIOLOGICA SCANDINAVICA*; 116, volume 47, August 2003.
- A. Kaviani, **A. Pourabbasi**, M. Ebrahimnezhad, and M. Najafi "Randomized clinical trial for evaluation of breast mass biopsy with CO<sub>2</sub> laser and scalpel: preliminary report" *American Society for Laser Medicine and Surgery Abstracts*.
- Nouri M, **Pourabbasi A**, Ebrahimnegad M, "Pravastatin prevents ischemia-reperfusion injury in rat sciatic nerve"; *Surgical Neurology* 66 (2006) 332– 340.
- **Pourabbasi A**, Tavakkoli Bina M, Sanjari M. "Necessity of observing ethical liability in Biosciences: Instruction of the principles of bioethics should be launched from school" *Journal of Medical Ethics and History of Medicine*, 2010, **3**:7
- **Ata Pourabbasi**, Mahbube Ebrahimnegad, Patricia Khashayar."Sickness absenteeism rate in Iranian schools during the 2009 epidemic of type A influenza" *Journal of school nursing*. 2011 Sep 14. [Epub ahead of print]
- Mahbubeh Ebrahimnegad M.D; **Ata Pourabbasi M.D**; Mahnaz Sanjari Msc.; Patricia Khashayar M.D "The Influential Role of Educational and Behavioral Approach in Weight Control among School Boys: A Pilot Interventional Study"; *Obesity and metabolism*. In press.
- Mahbubeh Ebrahimnegad M.D; **Ata Pourabbasi M.D**; Patricia Khashayar M.D Physical activity in high-school students improves school performance and happiness levels. *Gazzetta Medica Italiana*, 2013 January-February;172(1-2):31-4

- **Ata Pourabbasi**, Mahbube Ebrahimnegad, Patricia Khashayar. Can a research map help organizing interdisciplinary studies of relation between medical disorders and school performance? A model for development of pediatric school psychology. *J medical hypothesis and ideas*, 2011; 5(Dec) 1–7
- Tayebi S, **Pourabbasi A**, Shirvani ME. The effects of dietary habits on Iranian students' school performance, a pilot cross-sectional study. *J Pak Med Assoc*. 2014 Jan;64(1):20-3.
- Heshmat R, Pourabbasi A, Shirvani ME, **Pourabbasi A**. Do overweight students have lower academic performance than their classmates? A pilot cross sectional study in a middle school in Tehran. *J Diabetes Metab Disord*. 2014 Aug 15;13(1):87
- Mahbubeh Ebrahimnegad Shirvani; Sirous Tayebi; Patricia Khashayar, **Ata Pourabbasi**. The Relationship Between Nasal Septal Deviation, Daytime Sleepiness and School Performance Among Iranian High School Students: A Pilot Cross-Sectional Study. *International Journal of School Health*. 2015 July; 2(3): e26482
- **Ata pourabbasi M.D**, Roya kelishadi M.D, Abbasali keshtkar M.D PhD, Mohammad esmail Motlagh M.D, Seyyed Taghi Yamani M.D, Abtin Heidarzadeh M.D. Adolescent Health from literature to practice, a model of Evidence-based Practical Guidelines for Adolescent Health Development in Iran. *Iranian Journal of public health* [in press]
- **Ata Pourabbasi**, Ramin Heshmat, Fatemeh Rajabi, Abtin Heidarzadeh, Hamid reza Aghai meibodi, Zohreh Ghomian, Zahar Kheiry , Bagher Larijani. comprehensive health higher education plan, a model for policy making in health higher education in ministry of health in Iran. *Iranian Journal of Medical Education*. 2015; 15 (0) :61-63
- Mahbubeh Ebrahimnegad Shirvani, **Ata Pourabbasi**. Is the use of nutritional supplements in dosage forms a "gateway" to oral substance abuse?. *Int J Prev Med*. 2015; 6: 127.
- Farinaz Dadaiyn M.D, Jalal Farzami , Amir Pourabbasi M.D, **Ata Pourabbasi M.D**. SAMA school health program, a model for cognitive-oriented school health policy making and implementing policies for schools. *International Journal of School Health* 2016; 3(1) : 37-40
- Soqra Ebrahimi Qavam, Abbas Anisan, Marjan Fathi, **Ata Pourabbasi**. Study of relationship between obesity and executive functions among high school students in Bushehr, Iran. *Journal of Diabetes & Metabolic Disorders* 2015, **14**:79
- **Ata Pourabbasi**, Mehdi Tehrani-Doost, Soqra Ebrahimi Qavam, Bagher Larijani. Evaluation of the correlation between type 1 diabetes and cognitive function in children and adolescents, and comparison of this correlation with structural changes in the central nervous system: a study protocol. *BMJ Open*. 2016 Apr 28;6(4)
- **Ata Pourabbasi**, Jalal Farzami, Mahbubeh-sadat Ebrahimnegad Shirvani, Amir Hossein Shams, Bagher Larijani. Using virtual social networks for case finding in clinical studies : An experiment from ABCD study. *Int J Prev Med*, 2017; 8:30

- **Ata Pourabbasi**, Amir Hossein Shams, Amin Shakarami. Can Schools Play a Role in Increasing Physical Activity in Parents and Teachers? A New Approach for Behavior Internalization in Adults. *Asian Journal of Sports Medicine*. Dec 2016.
- **Ata pourabbasi**, Mehdi Tehrani-Doost, Soqra Ebrahimi Qavam, Seyed Masoud Arzaghi, Bagher Larijani. Association of diabetes mellitus and structural changes in the central nervous system in children and adolescents: A systematic review. *Journal of Diabetes & Metabolic Disorders* (2017) 16:10
- **Ata pourabbasi**, Mehdi Tehrani-Doost, Soqra Ebrahimi Qavam, Jalal Farzami, Bagher Larijani. Evaluation of cognitive functions in Iranian children and adolescents with diabetes mellitus. *ACTA MEDICA IRANICA*. 2017. 55(6):381-388.
- **Ata pourabbasi**, Bagher Larijani. COGNITOMICS: A new methodology for the evaluation of the relationship between diseases and cognition to be designed based on heavenly teachings, a conceptual framework. *Journal of diabetes and lipid disorders*. 2017; 16: 20.
- Larijani, B., Niaz, K., Pourabbasi, A., Khan, F., Spoor, J. & Abdollahi, M. (2017). Not only Iranian rise in science marred by fraud: Misconduct is a global problem. *EXCLI Journal*, 16, 1099–1102. doi:10.17179/excli2017-263

#### **Published Persian articles:**

- Kaviani A, Fateh A, Najafi M, Younesian M, **Pourabbasi A**, Ebrahimeghad M, “CO<sub>2</sub> Laser versus scalpel in breast Surgery, Double Blind randomized clinical trial”, *Laser in Medicine*, Vol 1(4), 1384, 18-22.
- **Pourabbasi A**, “Educational Medicine, A tool for effective education.” *Roshd-e-Modiryat-e-Madreseh*, Aban 88, 12-15.
- **Pourabbasi A**, “What can do whit blackout student?” *Roshd-e- Moshaver-e-Madreseh*, vol 4(4), Summer 88, 27-29.
- **Pourabbasi A**, Tavakkoli Bina M, “Necessity of educational approaches to moral obligation in Biosciences: Instruction of bioethics Principles should be launched from school” *Journal of Medical Ethics and History of Medicine*, Vol 3(5), 1389, 59-62.
- **Pourabbasi A**, Ebrahimiqavam S, Shirvani ME. The concepts of edcational medicine and main steps for installation in educatinal system., *SAMA J School health*, Vol (1)1, 1393, 44-49
- **Ata Pourabbasi**, Ramin Heshmat, Fatemeh Rajabi, Abtin Heidarzadeh, Hamid reza Aghai meibodi, Zohreh Ghomian, Zahar Kheiry , Bagher Larijani. *comprehensive health higher*

education plan, a model for policy making in health higher education in ministry of health in Iran. Iranian Journal of Medical Education 2015, 15(0): 61-63

- **Ata Pourabbasi.** School and bone health. Medicine Today Journal. Vol (1019)2014, Sep.
- **Ata Pourabbasi.** Bone, School, Children and adolescents. Medicine Today Journal. Vol (979), 2013, Nov.
- **Pourabbasi A,** Ebrahimiqavam S, Shirvani ME. The concepts of educational medicine and main steps for installation in educational system., SAMA J School health, Vol (1)1, 1393, 44-49
- **Ata Pourabbasi,** Jalal Farzami , Mahbubeh Sadat Ebrahimnegad Shirvani. Health and disease definition according to telos of life from the perspective of religious teachings: a basis for interventions in educational medicine. Journal of Research on Religion & Health Vol. 2, No. 2, Spring 2016, P: 54- 58
- **Pourabbasi A,** Farzami J, Dadain F, Shirvani ME. Developing domestic oriented Health education curriculum for SAMA schools, study protocol. SAMA J School health, Vol (3)1, 1394, 7-9
- Mahbubeh-sadat Ebrahimnegad Shirvani, **Ata Pourabbasi.** The Role of Ashura rituals and post-Ashura days in spiritual health through promoting religious-oriented normal behavior: A practical model. Journal of Research on Religion & Health. Vol 3, No 2 (2017)
- vahid KHashei , Hossein Heidari, **Ata Pourabbasi.** Evaluation of strategic risks in strategy execution of reform and innovation packages in medical education, a practical model. Teb va Tazkiyeh. 2017 ,Volume 26 ,Number 1.
- dr **Ata Pourabbasi,** dr AliAkbar Haghdoost, dr Hamid Akbari, dr Zahra Kheiry, dr Reza Dehnavieh, dr Somayyeh Noorihekmat, dr Seyyed Hamed Rahimi, dr Bagher Larijani. packages for reform and innovation in medical education in Islamic Republic of Iran; a conceptual framework. Teb va Tazkiyeh. 2017 ,Volume 26 ,Number 1.
- Hamid Akbari, Zahra Kheiry, **Ata Pourabbasi.** Using Media in Implementation of packages for reform and innovation in medical education; Practical experience. Teb va Tazkiyeh. 2017 , Volume 26 ,Number 1.

#### **Master's thesis Consultation:**

- The effect of overweight and obesity in school performance in highschool student in Tehran, (Student: Amir Pourabbasi), Tehran University of Medical Sciences
- The relationship between diabetes and self regulation in highschool students; (Student: Masumeh Ramshini) Allameh Taba'tabaii university

- Comparison of educational self efficacy between diabetic patients and healthy peers in highschool students; (Student: Alireza Asadi) ; Allameh Taba'tabaii university
- Comparison of educational self efficacy and school performance between obese students and healthy peers in Bushehr highschools(Student: Abbas Anisan); Allameh Taba'tabaii university

### **Related Books:**

- Salavati A, Hafez khiabani P, **Pourabbasi A**, “Head & Neck dissection in practice”, TUMS Pub. , 2007.
- Karami M, **Pourabbasi A**, “Gist of Medicine, Dermatology”, Teimourzadeh Pub. 2008.
- **Pourabbasi A**, Zamanian H, “Clinical applications of Azythromicin”, Razi Pub. 2004.
- **Pourabbasi A**, Zamanian H, “Clinical applications of Ceftizox”, Razi Pub. 2004.
- **Pourabbasi A**, “Nutrition and school performance”, Baraye farda Pub. 2010
- **Pourabbasi A**, Ebrahimnegad M.S, “Effective sleep, effective education”, Baraye farda Pub. 2010
- **Pourabbasi A**, Ebrahimnegad M.S, “Stress and students”, Baraye farda Pub. 2010
- **Pourabbasi A**, “About Drinks”, Baraye farda Pub. 2010
- **Pourabbasi A**, “Exercise, Health and Education”, Baraye farda Pub. 2010
- **Pourabbasi A**, “Sport injuries in schools: Mechanisms, prevention and treatment”, Baraye fared Pub. 2010
- **Pourabbasi A**, Ebrahimnegad MS, “Nutrition for students”, Teimourzadeh Pub. 2015
- **Pourabbasi A**, Ebrahimnegad MS, “Environmental health for students”, Teimourzadeh Pub. 2015
- **Pourabbasi A**, Ebrahimnegad MS, “First Aid for students”, Teimourzadeh Pub. 2015
- **Pourabbasi A**, Ebrahimnegad MS, “Physical education for students”, Teimourzadeh Pub. 2015
- **Pourabbasi A**, Ebrahimnegad MS, “Mental health for students”, Teimourzadeh Pub. 2015
- **Pourabbasi A**, Ebrahimnegad MS, “Personal Health for students”, Teimourzadeh Pub. 2015

### **Related Presentations:**

- Abolhassani F, Saberi H , **Pourabbasi A**, Nouri M, Kamaliyan N, “Copper sulfate can stimulate schwann cell proliferation in sciatic nerve (a pilot study)”, XVth International Congress of Neuropathology, Torino Lingotto (Italy), 14 -18 September 2003
- **Ata Pourabbasi**, Mahbubeh Ebrahimnegad, “Poor school performance is one of the adverse effects of obesity in students.” 2nd International Congress of Metabolic Syndrome, Obesity and Diabetes, Zanjan, Iran, 16 - 18 June 2010.
- **Ata Pourabbasi**, Mahbubeh Ebrahimnegad, “The prevalence of stature Malformations in obese students is higher than other students.” 2nd International Congress of Metabolic Syndrome, Obesity and Diabetes, Zanjan, Iran, 16 - 18 June 2010.
- **Ata Pourabbasi**, Mahbubeh Ebrahimnegad, “Students’ physical activity in our high school increases their spirit and improve their school performance.” 2nd International Congress of Metabolic Syndrome, Obesity and Diabetes, Zanjan, Iran, 16 - 18 June 2010.
- **Ata Pourabbasi**, Mahbubeh Ebrahimnegad, Patricia khashayar. “management of medical disorders affecting learning and school performance, a bridge between medicine and education.” 3th Asia Pacific Educational Research Association Conference, Kuala lampur, Malaysia, 23-26 nov 2010.
- **Ata Pourabbasi**. Educational medicine can improve cognitive indices through health promotion, 1st educational medicine conference, Aug 2013
- **Ata Pourabbasi**. Nutritional needs in special education periods, Nutrition, cognition and learning, Jan 2014
- **Ata Pourabbasi**. Educational medicine; principles and practice, Teachers’ education program, MATN institute, May 2014
- **Ata Pourabbasi**. Principles of educational medicine and related health service package for schools. 1<sup>st</sup> annual meeting of SAMA school health professionals, Aug 2014

### **Official positions:**



- Secretary of Students' Scientific Research Center, TUMS, 2003-2004.
- Member of committee of Strategic planning, Research Deputy, Faculty of Medicine, Tehran University of Medical Sciences, 2004.
- Manager of Para Academic Education Center, Teimourzadeh Inc., 2005-2006.
- Scientific editor of TABIB Medical journal, 2005-2006.
- Editor-in-chief of TABIB Medical journal, 2006-2007.
- Manager of compilation unit, Teimourzadeh Inc. 2006-2007.
- Manager of Budgeting& planning unit, TKJ Inc, 2010.
- Supervisor of Experimental sciences lab. Of Ehsan High school, 2006- present.
- Manager of School health center, Ehsan educational institute, 2006- present.
- Supervisor of Ehsan Educational medicine Research Center, 2008- present.
- Secretary of committee of strategic planning, Endocrinology& Metabolism research center, TUMS, 2010- present.
- Secretary of Endocrinology& Metabolism research center, TUMS, 2010.
- Agent for specific follow-up, Dean's Office, Tehran university of Medical Sciences, 2010
- Member of executive committee of first Middle East Diabetes Economics 2011 Congress, jan 3-4 2011, Kish Island, Iran
- Executive facilitator, Health Policy Council, Ministry of health, Iran. 2011.
- Head of foundation for education, research and services on Educational Medicine & School health, 2012 - present
- Secretary of Strategic council of Medical Sciences, Islamic Azad University, 2013- present
- Ehsan Elementary School Principal, 2013- 2014
- Secretary of Research & Development committee, Deputy of education, Ministry of Health, Care and Medical Education, 2015
- Editor-in-chief. SAMA Journal of school health. Islamic Azad University, 2014 -present